



**MS**

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## OBJECTIVE

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Helping students who struggle with academic confidence, motivation and school based anxiety.

## WHY COACHING

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Students move themselves forward with increased skills, self-awareness, and determination.

## WHO CAN I HELP

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I work with following types of students:

- Students whose homework is always lost in the black hole of their backpack
- Bright students who ace their homework but consistently fail the test
- Students who lack executive functioning skills to stay on top of their work
- The struggling learner who could benefit from 1 on 1 assistance

## I WILL WORK TO HELP YOU IN:

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I will work hard to help you in the following areas:

- Make TIME work for you, not against you
- Create SYSTEMS that assist with organization and learning
- Become CURIOUS about yourself, what works and what doesn't
- Discover your LEADERSHIP attributes and potential
- Feel CONFIDENT as new habits can replace ineffective practices
- Become ENGAGED in your own success

Thank you for your interest in my coaching services! First, know that you CAN meet your goals! No two students are alike, and I would love to help you discover what habits and systems work for you! Whether you are looking to improve your grades and study habits or need help discovering your leadership potential, I can help. I believe there is a strong symbiotic relationship between academic skills and life/leadership skills; when one area improves, so do others. Improved self-awareness, time management skills, and confidence, are among many benefits of working with an academic and leadership coach.

**How about a quick conversation to discover if my services meet your needs?**